

聖潔生命會 會徽的意義



聖潔生命會的會徽象徵著把悟證神的四大途徑，也就是：業力瑜伽 ([karma yoga](#))、愛心瑜伽 ([bhakti yoga](#))、冥想瑜伽 ([raja yoga](#))及智慧瑜伽 ([jnana yoga](#))綜合起來。本會的根本宗旨是弘揚偉大的瑜伽系統與其修習方法，會徽表達出這種實修的靈性生活的精神。會徽以**服務**(SERVE)、**愛心**(LOVE)、**冥想**(MEDITATE)、**開悟**(REALIZE)為格言，代表了上述的四種瑜伽。

在會徽裡，奉獻蓮花的兩手代表把一切工作功果謙遜地奉獻給神，那是業力瑜伽 ([karma yoga](#)) 的路向，斷除對工作的執著，改之為以虔敬之心來完成責任。此外，雙手緊握蓮花也象徵著穩住於業力瑜伽中，即緊握著綜合瑜伽 (Yoga of Synthesis) 的神髓，那實踐的一面就是聖潔生命 (Divine Life)。在會徽中央海洋的波浪象徵著愛心瑜伽 (Bhakti Yoga) 路上的虔敬修行人，他們的情感得到昇華，化成對神的敬愛。愛神的波浪，源自於虔敬者心中對神的愛心。在會徽裡的蓮花瓣，代表冥想瑜伽者 (Raja Yoga) 的道路，修習者循序漸進，逐一超越心靈的不同層面與中心，有如一朵蓮花。冥想瑜伽在沈思冥想時主要通過眉間輪這個中心來操作。“OM”字在旭日之中，代表著通過智慧瑜伽，開啓智慧，悟證自性。由於冥想瑜伽結合著愛心瑜伽及智慧瑜伽，因此會徽中央的海洋及旭日都放在蓮花上。

這是聖潔生命會的整體象徵。

THE CREST OF THE DIVINE LIFE SOCIETY

The Crest of the Divine Life Society symbolizes the synthesis of the four great paths to God-realization, viz., [karma yoga](#), [bhakti yoga](#), [raja yoga](#) and [jnana yoga](#). As the Society stands primarily for the propounding of the great system of [yoga](#) in all its methods, it has adopted an insignia which is indicative of *practical spiritual life*. The four mottoes in the Crest, viz., **SERVE, LOVE, MEDITATE, REALIZE**, represent these four *yogas*, respectively.

In the Crest, the two hands that offer a lotus symbolize the dedication of all action as an humble offering to God, which is the way of *karma yoga*, by which attachment to work is severed and duty is performed with devotion. Also, the firm grip of the hand over the lotus symbolizes that one who is established in *karma yoga*, in its real sense, has within his grip the [yoga of synthesis](#), the practice of which is called 'Divine Life'. The waves of the ocean shown in the Crest represent the sublimated emotions of the devotee on the path of *bhakti yoga* whose affections are transfigured in love of God. The waves of *bhakti* surge from the ocean of the devotees' God-loving heart. The petals of the lotus forming in periphery of the Crest represent the path of *raja yoga* by which one gradually transcends all the psychic levels or centres, whose form is akin to that of a lotus. The *chakra* or the energy-centre in the middle of the eyebrows is the main operational centre for meditation in *raja yoga*. The rising Sun, with 'OM' in its Centre, represents the dawn of spiritual Wisdom and Realization of the *Atman* through the practice of *jnana yoga*. As the system of *raja yoga* combines some aspects of *bhakti* and *jnana*, the ocean and the rising Sun are shown as enclosed within the lotus.

This is the Integral Symbol of The Divine Life Society.