



Saba Hein Samana

Saint Nivritti Nath

Sa-ba Heiñ Sa-mā-na Sa-ba Meiñ Eka Prā-na ,
Ta-ja Ke A-bhi-mā-na Hari Nā-ma Gāo.

All are one! The same Prana (Life-Force) enlivens all beings!
Give up your pride and sing the Name of the Lord!
一切唯一！萬有俱為氣！
放下你的傲氣，唱頌神的名號。

Hari Nā-ma Gāo Dayā Apa-nāo,
Apa-ne Hri-daya Meiñ Hari Ko Ba-sāo.

Sing the Name of Lord Hari and be compassionate!
Then Lord Hari will dwell in your heart'
唱誦神的名號，慈悲為懷！
神就會住在你心中。

Hari Nā-ma Pyā-rā Sa-ba-kā Sa-hā-rā,
Hari Nā-ma Japa Ke Su-kha Śhānti Pāo. x 2

The Name of Lord Hari is so sweet, supporting all'
Repeating His Name, obtain happiness and peace'
神的名號是如此甜蜜，祂支持萬有。
持誦祂的名號，獲得幸福平安。

Kahe "Ni-vri-tti" Hari Nā-ma Bhakti,
Hari Nā-ma Śhakti, De-ve Mu-kti.

Nivritti says: "Repeating the Lord's Name is the highest devotion.
The Lord's Name is filled with the Shakti (divine power)
That bestows liberation."

Nivritti說：持誦主的名號是最高的虔敬，主的名號充滿神聖的力量。
祂賜予解脫。

服務
Serve

愛心
Love

施予
Give

淨化
Purify

冥想
Meditate

開悟
Realize